

THEORIES OF INTELLECT

Covey, 2007, stated that the main natural elements of a human being are body, mind, heart, spirit. We all have four types of intellect and skills, corresponding to those elements: physical (body), mental, emotional and spiritual. “When we speak about intellect, we usually have in mind mental abilities: skills to analyse, think, use language, visualise, perceive. But this is only a narrowed interpretation of an intellect” (Covey, 2007). According to the author Covey, 2007, body or physical intellect is another type of abilities that we know well, but fail to assess it appropriately. “A human body is an unbelievable system – when we turn a page, cough or drive a car, an unbelievable physical or biochemical coordination of approximately 7 billion cells happens. It is miraculous that we do not have to think about it. When was the last time you reminded your heart to beat, lungs to expand, digestion system to emit chemical substances needed? These and the unmeasurable majority of other processes unconsciously take place each moment of our lives. Intellect manages the whole system and the bigger part – subconsciously” (Covey, 2007). According to Covey, 2007, doctors were the first to recognise that the body heals itself and the medicine only stimulates this process as well as eliminates obstacles; however sometimes the medicine can form additional obstacle if it starts operating against the physical intellect. Emotional intellect is the self-perception, social sensitivity, empathy and ability to successfully cooperate with other people. Researcher of emotional intellect Goelman, 2008 states that “in order to be good in all spheres, it is necessary to know that emotional abilities are twice more important than cognitive.

Analyst of the emotional intellect Goelman, 2008, stated that “in order to be advanced in all spheres it is necessary to know, that emotional abilities are twice more important than cognitive. Those seeking for the success on the highest level, leaders, must be emotionally educated and this is their greatest advantage. With an emotional competence present, the operation is two-thirds better, therefore appearance of people with emotional abilities as well as their encouragement gives huge benefit for the organisation. “Surveys proved that ordinary workers (operators or servants) with a higher emotional intellect (the highest category of 1 percent) work (create the value) three times better. People, implementing jobs of average difficulty, such as salesmen or mechanics, having a high emotional intellect, work (create the value) twelve times better (Goelman, 2008). According to Covey, 2007, development of the higher emotional intellect is one of the biggest worries for parents and heads of organisations of all levels.

The fourth type of skills and abilities in the spiritual intellect, which as the emotional, becomes a more important object for discussions. “Spiritual intellect is the most important among all types of intellect as it defines the other three. It reflects the search for a meaning of a human being’s life as well



as links with the eternity. Spiritual intellect helps upon separating real principles of consciousness that may be compared to a compass, always indicating where the North is – we should constantly check if we live under those principles – if we are heading North (Covey, 2007). “Mental intellect is to be installed to computers, emotional – to a more developed mammals and spiritual is only available in human beings and it is the most important from all types of intellect. It is linked with the search for a meaning, characteristic to humanity. Spiritual intellect determines the search for a meaning, values, allows dreaming and seeking. Spiritual intellect reflects what we believe and how the belief as well as values are important for us upon undertaking some actions (Covey, 2007). Mental intellect (IQ), physical intellect (PQ), emotional intellect (EQ), spiritual intellect (SQ).

Comparison of theories of intellect is presented in Table 2.